

# UNIVERSITY LABORATORY SCHOOL

## 9<sup>TH</sup> GRADE COLLEGE & CAREER CHECKLIST

| MILESTONE                                                                                                                                          | COMPLETION DATE  |
|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| <input type="checkbox"/> Review college/career planning resources in the school counseling google classroom.                                       | Ongoing          |
| <input type="checkbox"/> Review 8 <sup>th</sup> grade LEAP scores to determine strengths and areas for growth.                                     | August           |
| <input type="checkbox"/> Sign the LOSFA Consent Form when completing registration paperwork.                                                       | August           |
| <input type="checkbox"/> Monitor grades in <a href="#">Power School</a> .                                                                          | Ongoing          |
| <input type="checkbox"/> Enter annual S.M.A.R.T. goals in Naviance.                                                                                | August           |
| <input type="checkbox"/> Review <a href="#">TOPS University Diploma</a> requirements.                                                              | August           |
| <input type="checkbox"/> Choose <a href="#">extracurricular activities</a> during club sign-up day.                                                | September        |
| <input type="checkbox"/> Attend NACAC College Fair.                                                                                                | September        |
| <input type="checkbox"/> Schedule college tours at schools you are considering during our school breaks.                                           | Ongoing          |
| <input type="checkbox"/> <a href="#">Volunteer</a> – Colleges are interested in how you are giving back to the community.                          | Ongoing          |
| <input type="checkbox"/> Complete <i>AchieveWorks Personality</i> assessment in Naviance                                                           | October          |
| <input type="checkbox"/> Complete <i>Career Interest Profiler</i> in Naviance.                                                                     | November         |
| <input type="checkbox"/> Explore and favorite 2 colleges and 2 careers in Naviance.                                                                | November         |
| <input type="checkbox"/> Begin building your resume in Naviance.                                                                                   | December         |
| <input type="checkbox"/> Review high school transcript with the school counselor.                                                                  | January          |
| <input type="checkbox"/> Attend Advanced Programs presentation (e.g. AP, DE, IB).                                                                  | January/February |
| <input type="checkbox"/> Review the HS Program of Studies, complete the Individual Graduation Plan (IGP) and select courses for the upcoming year. | February         |
| <input type="checkbox"/> Plan summer <a href="#">enrichment activities</a> .                                                                       | March – May      |
| <input type="checkbox"/> Pass LEAP assessments required for graduation.                                                                            | April/May        |

# UNIVERSITY LABORATORY SCHOOL

## 10<sup>TH</sup> GRADE COLLEGE & CAREER CHECKLIST

| MILESTONE                                                                                                                                          | COMPLETION DATE  |
|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| <input type="checkbox"/> Review college/career planning resources in the school counseling google classroom.                                       | Ongoing          |
| <input type="checkbox"/> Prepare and practice for the <a href="#">PSAT</a> beginning in August. (Remember score used for DE).                      | October          |
| <input type="checkbox"/> Monitor grades in <a href="#">Power School</a> .                                                                          | Ongoing          |
| <input type="checkbox"/> Enter annual S.M.A.R.T. goals in Naviance.                                                                                | August           |
| <input type="checkbox"/> Review <a href="#">TOPS University Diploma</a> requirements. Monitor through <a href="#">LOSFA Student Hub</a> .          | August           |
| <input type="checkbox"/> Choose <a href="#">extracurricular activities</a> during club sign-up day.                                                | September        |
| <input type="checkbox"/> Attend <a href="#">NACAC BR College Fair</a> . ULS students attend night session from 6 p.m. -8 p.m.                      | October          |
| <input type="checkbox"/> Schedule college tours at schools you are considering during ULS school breaks.                                           | Ongoing          |
| <input type="checkbox"/> Learn about <a href="#">funding</a> for college.                                                                          | Ongoing          |
| <input type="checkbox"/> <a href="#">Volunteer</a> – Colleges are interested in how you are giving back to the community.                          | Ongoing          |
| <input type="checkbox"/> Begin reaching out to mentors—ask questions and job shadow.                                                               | Ongoing          |
| <input type="checkbox"/> Complete <i>AchieveWorks Personality</i> in Naviance.                                                                     | November         |
| <input type="checkbox"/> Explore and favorite 2 new colleges and 2 new careers in Naviance.                                                        | November         |
| <input type="checkbox"/> Update your resume in Naviance.                                                                                           | December         |
| <input type="checkbox"/> Review high school transcript with the school counselor.                                                                  | January          |
| <input type="checkbox"/> Attend Advanced Programs presentation (e.g. AP, DE, IB).                                                                  | January/February |
| <input type="checkbox"/> Review the HS Program of Studies, complete the Individual Graduation Plan (IGP) and select courses for the upcoming year. | February         |
| <input type="checkbox"/> Plan summer <a href="#">enrichment activities</a> .                                                                       | March – May      |
| <input type="checkbox"/> Pass LEAP assessments required for graduation.                                                                            | April/May        |
| <input type="checkbox"/> If nonqualifying PSAT score, consider ACT over the summer if needed for JR year fall DE.                                  | July             |

# UNIVERSITY LABORATORY SCHOOL

## 11<sup>TH</sup> GRADE COLLEGE & CAREER CHECKLIST

| MILESTONE                                                                                                                                                                                       | COMPLETION DATE |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <input type="checkbox"/> Review college/career planning resources in the school counseling google classroom.                                                                                    | Ongoing         |
| <input type="checkbox"/> Prepare and practice for the <a href="#">PSAT</a> beginning in August. (Remember this score is used to see if you qualify for National Merit or Recognition Programs). | October         |
| <input type="checkbox"/> Monitor grades in <a href="#">Power School</a> .                                                                                                                       | Ongoing         |
| <input type="checkbox"/> Enter annual S.M.A.R.T. goals in Naviance. (ACADEMIC/CAREER/POST-SECONDARY)                                                                                            | August          |
| <input type="checkbox"/> Review <a href="#">TOPS University Diploma</a> requirements. Monitor through <a href="#">LOSFA Student Hub</a> .                                                       | August          |
| <input type="checkbox"/> Choose <a href="#">extracurricular activities</a> during club sign-up day.                                                                                             | September       |
| <input type="checkbox"/> Review high school transcript with the school counselor.                                                                                                               | September       |
| <input type="checkbox"/> Attend <a href="#">NACAC BR College Fair</a> . ULS students attend at night 6-8 pm.                                                                                    | October         |
| <input type="checkbox"/> Attend College Rep Visits at ULS throughout the school year. Sign up through Naviance. (majority are in fall)                                                          | Ongoing         |
| <input type="checkbox"/> Schedule off campus college tours at schools you are considering during ULS school breaks. (Can complete conditional absence form up to 2 days during year).           | Ongoing         |
| <input type="checkbox"/> Continue to learn about <a href="#">funding</a> for college.                                                                                                           | Ongoing         |
| <input type="checkbox"/> <a href="#">Volunteer</a> – Colleges are interested in how you are giving back to the community, especially in your area of interest.                                  | Ongoing         |
| <input type="checkbox"/> Continue reaching out to mentors—ask questions and job shadow. Possibly get part-time job or leadership position in club/team.                                         | Ongoing         |
| <input type="checkbox"/> Complete <i>Career Key</i> in Naviance.                                                                                                                                | November        |
| <input type="checkbox"/> Explore and favorite 2 new colleges and 2 new careers in Naviance. (Should have 2 from junior, 2 from sophomore, and 2 from freshman when complete).                   | November        |
| <input type="checkbox"/> Attend ULS Career Fair.                                                                                                                                                | November        |
| <input type="checkbox"/> Update your resume in Naviance.                                                                                                                                        | December        |
| <input type="checkbox"/> Review the HS Program of Studies, complete the Individual Graduation Plan (IGP) and select courses for the upcoming year.                                              | February        |
| <input type="checkbox"/> Prepare and practice for ACT.                                                                                                                                          | March           |
| <input type="checkbox"/> Plan summer <a href="#">enrichment activities</a> and/or job.                                                                                                          | March – May     |
| <input type="checkbox"/> Pass AP/DE/IB/CLEP/LEAP assessments if taking.                                                                                                                         | April/May       |

# UNIVERSITY LABORATORY SCHOOL

## 12<sup>TH</sup> GRADE COLLEGE & CAREER CHECKLIST

| MILESTONE                                                                                                                                                                             | COMPLETION DATE |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <input type="checkbox"/> Review college/career planning resources in the school counseling google classroom.                                                                          | Ongoing         |
| <input type="checkbox"/> Continue to take the ACT if needed and finalize ACT score by your college/university's preferred date.                                                       | Ongoing         |
| <input type="checkbox"/> Monitor grades in <a href="#">Power School</a> .                                                                                                             | Ongoing         |
| <input type="checkbox"/> Enter annual S.M.A.R.T. goals in Naviance. (ACADEMIC/CAREER/POST-SECONDARY)                                                                                  | August          |
| <input type="checkbox"/> Review high school transcript with the school counselor and ensure you are taking remaining graduation requirements.                                         | August          |
| <input type="checkbox"/> Review <a href="#">TOPS University Diploma</a> requirements. Monitor through <a href="#">LOSFA Student Hub</a> .                                             | August          |
| <input type="checkbox"/> Choose <a href="#">extracurricular activities</a> during club sign-up day.                                                                                   | September       |
| <input type="checkbox"/> Begin college application process. Check due dates where you are applying.                                                                                   | Ongoing         |
| <input type="checkbox"/> Apply for scholarships and other forms of financial aid/ <a href="#">funding</a> for college.                                                                | Ongoing         |
| <input type="checkbox"/> Attend <a href="#">NACAC BR College Fair</a> . ULS students attend at night 6-8 pm.                                                                          | October         |
| <input type="checkbox"/> Attend College Rep Visits at ULS throughout the school year. Sign up through Naviance. (majority are in fall)                                                | Ongoing         |
| <input type="checkbox"/> Schedule off campus college tours at schools you are considering during ULS school breaks. (Can complete conditional absence form up to 2 days during year). | Ongoing         |
| <input type="checkbox"/> <a href="#">Volunteer</a> – Colleges are interested in how you are giving back to the community, especially in your area of interest.                        | Ongoing         |
| <input type="checkbox"/> Continue reaching out to mentors—ask questions and job shadow or maintain part-time job or leadership position in club/team.                                 | Ongoing         |
| <input type="checkbox"/> Continue to review colleges and careers in Naviance.                                                                                                         | Ongoing         |
| <input type="checkbox"/> Update your resume in Naviance.                                                                                                                              | Ongoing         |
| <input type="checkbox"/> Complete <i>AchieveWorks Skills</i> in Naviance.                                                                                                             | November        |
| <input type="checkbox"/> Attend ULS Career Fair.                                                                                                                                      | November        |
| <input type="checkbox"/> Complete your FAFSA or TOPS application                                                                                                                      | December        |
| <input type="checkbox"/> Finalize your college decision.                                                                                                                              | May             |
| <input type="checkbox"/> Pass AP/DE/IB/CLEP/LEAP assessments if taking.                                                                                                               | April/May       |