Softball Camp at the “U”
June 11-14, 2018
9:00-12:00 pm
Incoming 1st – 7th Grade
Baseball Field @ Cub Complex

Camp Goal- We are dedicated to teaching the fundamentals of the game as well as making the game fun.

Staff- Coach Applegate, Coach Barrett, & current University softball players

Enrollment- To ensure quality instruction time for each camper, enrollment is limited. Applications will be accepted on a first come basis, so send yours in ASAP! Walk-ups are welcome, but please arrive early on the first day of camp for check-in. Students from any school are welcome!

Check-in- Campers can be checked in as early as 8:30 am

Cost- $135. Checks should be made payable to Ashley Applegate

Location- The camp will take place at Cub Complex Baseball Field. The field is located at 4178 Nicholson Dr.; it’s next to Alex Box Stadium.

Equipment- Please bring a glove, cleats/tennis shoes, a water bottle. Bats, batting gloves, helmets, etc. are optional. We have extra equipment for our campers to use while at camp if needed.

Reminders- Please leave jewelry and other valuables at home. Campers should wear sunscreen and hydrate the night before and throughout camp. Bring a towel/change of clothes to dry off or change into for the days we do water activities. Please include a copy of your child’s insurance card with your completed application.
Camp Director- Ashley Applegate

Ashley Applegate begins her fifth year as the head softball coach at University High School. Coach Applegate reinstated the program in 2014 for middle school softball and is excited to have just finished their first high school softball VARSITY season that was reinstated this year (2017-2018)

The Modesto, California native played softball at Beyer High school where she earned Most Valuable Player and all-state honors. She was a three-time all-league selection with back-to-back first-team honors. She earned all-district honors and led the Modesto area in batting average and stolen bases in 2006. For her high school career, she recorded a .485 batting average and broke Beyer High School’s career records for hits, on base percentage, runs scored and stolen bases. Coach Applegate was a four-time academic all-district selection.

After a storied high school career, she traveled to Baton Rouge on a full softball scholarship for LSU. She was part of five NCAA Regional teams, and the NCAA Super Regional team highlighted by the 2012 Women's College World Series Team. She is recognized for her on base percentage, dedication to the sport and hard work. During her time at LSU, she excelled off the field, receiving SEC Academic honors three out of her five seasons. She was also active in the community earning SEC Community Service Honors in 2009, 2010, and 2011.

After her softball career, Applegate was a graduate assistant for the Cox Communications Academic Center for Student Athletes at LSU. During graduate school, she volunteered at Cypress Mounds Softball League to help grow the Recreation Girls’ Softball League in Baton Rouge.

In 2013, Coach Applegate graduated with her Master's Degree in Education with a concentration in curriculum and instruction. Coach Applegate teaches elementary physical education.

Applegate served as both the assistant coach for high school and middle school volleyball and high school girls’ basketball during her first year of teaching. In 2014, she started the middle school softball program and was one of the assistant girls’ basketball coaches. While being an assistant basketball coach she helped lead the cubs to back-to-back 3A State Championships. Upon finishing her second middle school softball season as the head coach, she helped lead the cubs to a first place title for the BRGAA League, Division 1 with the assistance of Adam Barrett. In 2016, Applegate reinstated the softball program for high school as a JV program and then as a Varsity program in 2018.

Coach Applegate's camp experience is vast having worked as a counselor, coach, and guest clinician the past 9 years with LSU. She has a passion for softball and loves to help players improve their skills and knowledge of the game.

APPLICATION FOR SOFTBALL CAMP

*Must complete insurance section and include a copy of insurance card

*Please make checks payable to Ashley Applegate. Payment is non-refundable ($135).

Send application and payment to:
University Laboratory School
Ashley Applegate
45 Dalrymple Drive
Baton Rouge, LA 70803

Camper’s Name_________________________ Age________
School_________________________Grade (9/18)________
T-Shirt Size (circle one) Youth S M L Adult S M L XL
Parent/Guardian Name__________________________________________________________
Address________________________________________________________________________
Phone #__________________________
Parent email address __________________________________________________________
Emergency Contact/ Phone #______________________________________________________
Insurance company________________________ Policy #__ ________________________
*PLEASE INCLUDE A COPY OF YOUR CHILD’S INSURANCE CARD

Parent or Guardian Release of Liability

The undersigned parent or guardian understands that the camper will be engaged in physical activity which contains a risk of physical injury and the undersigned assumes the risk and releases and holds harmless Louisiana State University & the Board of Supervisors, Louisiana State University Laboratory School, and specifically those conducting the softball camp, from any and all liability for personal injury, illness, or property damage incurred from participation in the camp. I hereby grant permission for my child to attend All Skills Softball Camp at the “U” and be treated by a member of its staff in the event of an injury, illness, or other mishap. I have no knowledge of any physical impairment that would affect the named camper’s participation in the camp program. I also understand the Camp retains the right to use, for publicity and advertising purposes, photographs of campers taken at camp. I have also read, understand and accept the camp fees and refund policies.

Parent/Guardian Signature: __________________________________________ Date:_____________